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# The canine hair cycle – a guide for the assessment of morphological and immunohistochemical criteria

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**Short running head:** The canine hair cycle

## Abstract

The hair follicle has a lifelong capacity to cycle through recurrent phases of controlled growth (anagen), regression (catagen), and quiescence (telogen), each associated with specific morphological changes. A comprehensive classification scheme is available for mice to distinguish the cycle stages anagen I-VI, catagen I-VIII, and telogen. For dogs, such a classification system does not exist although alopecia associated with hair cycle arrest is common. We applied analogous morphological criteria and various staining techniques to subdivide the canine hair cycle stages to the same extent as has been done in mice. Of all the staining techniques applied, haematoxylin and eosin stain (H&E), Sacpic, Masson Fontana and immunohistochemistry for vimentin and laminin proved to be most useful. To evaluate the applicability of our criteria, we investigated skin biopsies from healthy beagle dogs (n=20, biopsies from shoulder and thigh) kept under controlled conditions. From each biopsy, at least 50 hair follicles were assessed. Statistical analysis revealed that 30% of the follicles were in anagen (12% early, 18% late), 8% in catagen (2% early, 5% late, 1% not determinable) and 27% in telogen. Thirty five percent of hair follicles could not be assigned to a specific cycle stage because not all follicles within one biopsy were oriented perfectly. In conclusion, this guide will not only be helpful for the investigation of alopecic disorders and possibly their pathogenesis, but may also serve as a basis for research projects in which the comparison of hair cycle stages is essential, e.g. comparative analysis of gene expression patterns.

48 **Introduction**

49 The hair follicle is a fascinating miniorgan, which provides the body with protection,  
50 insulation, camouflage and the means for social and sexual communication.<sup>1</sup>

51  
52 Hair follicles cycle during the entire life span of a mammal. This requires intimate  
53 interactions between epithelium and mesenchyme<sup>2</sup> in which extrinsic and intrinsic  
54 factors such as growth factors and cytokines, hormones, genetic background, age,  
55 sex, location (region of the body), neurogenic stimulation, nutrition, status of health,  
56 numerous environmental factors (photoperiod, grooming, ambient temperature),  
57 friction and trauma are involved.<sup>2,3,4</sup>

58  
59 The hair cycle consists of tightly regulated alternating phases of controlled growth  
60 (anagen), regression (catagen), and relative quiescence (telogen). Hair shafts are  
61 produced during anagen only. The anagen phase is inevitably followed by a relatively  
62 rapid phase of regression (catagen) during which the inferior segment of the hair  
63 follicle is removed, both by cessation of the mitotic activity of the matrix cells and by  
64 well coordinated apoptosis in the inferior portion of the follicle. Simultaneously, the  
65 dermal papilla (DP), which releases the key inductive signals for hair-shaft synthesis,  
66 is devaginated and moves upward.<sup>2</sup> Histologically, an increased number of apoptotic  
67 cells is visible in the outer root sheath (ORS), the bulb, and the suprabulbar region.  
68 During catagen the club hair is formed.<sup>5</sup> At the end of the involution phase, the  
69 follicle attains its smallest dimensions and is considered to be resting in telogen.<sup>2</sup>

70  
71 In telogen, the inner root sheath (IRS) has been replaced by trichilemmal keratin,  
72 anchoring the club hair in the follicle, and the DP lays at the base of the telogen  
73 follicle.<sup>5</sup> After a variable time in telogen, initiation of a new anagen phase occurs  
74 through activation of stem cells, likely in response to inductive signals from the DP  
75 and the surrounding mesenchyme. The follicle thus enters the growth phase known  
76 as anagen that is characterized by active keratinocyte proliferation and  
77 differentiation. The previously involuted portion of the hair follicle is reconstructed and  
78 a new hair fibre is synthesized.<sup>2</sup>

79  
80 Recently, shedding of the hair shaft has been described as the fourth distinct cycle  
81 phase named *exogen*.<sup>6</sup>

82  
83 Morphology as well as the most basic control mechanisms of the cycling hair follicle  
84 seem to be broadly similar in different mammalian species.<sup>2</sup> However, it is well  
85 known that laboratory animal studies might not translate directly to humans and to  
86 domestic animals, as there are important species differences that limit the  
87 extrapolation of data from mice to dogs. In contrast to mice and humans, dogs have  
88 compound follicles consisting of a primary and several secondary hairs which exit  
89 through the same orificium.<sup>7</sup> The primary hairs are equipped with an arrector pili  
90 muscle, sebaceous, and apocrine glands.<sup>8</sup> One to six compound follicles are grouped  
91 together and form follicular units.<sup>7</sup> In these follicular units the central primary hair  
92 follicle and several lateral primary hair follicles can be distinguished.<sup>8</sup> The different  
93 hair follicles of one compound cycle independently of each other.<sup>9</sup> In addition to  
94 seasonal variations, large differences exist between different dog breeds, mainly in  
95 regards of the duration of the anagen and telogen cycle phase.<sup>10</sup> This is in contrast to  
96 mice in which, at least in young animals, the hair follicles cycle in a wave pattern.

97 For the mouse, in addition to the well known cycle phases anagen, catagen and  
98 telogen, a comprehensive classification scheme is available for more detailed  
99 division of the hair cycle, describing even subtle hair cycle changes.<sup>5</sup> In this scheme,  
100 morphological and immunohistochemical criteria are applied to distinguish eight  
101 substages each in anagen and catagen.

102  
103 Limited research has been conducted on canine hair cycle phases. When cycle  
104 phases were determined and described, they were limited to the main categories  
105 anagen, catagen and telogen.<sup>11,12,13,14</sup> This is unfortunate since primary alopecia, a  
106 common problem in dogs, is histologically characterized as hair cycle arrest, and  
107 distinction of the different diseases in this group is currently not possible based on  
108 these available morphologic criteria.

109  
110 The purpose of this study is to establish criteria that allow for a more accurate  
111 classification of the canine hair cycle phases, similar to the one for mice which has  
112 proven to be a helpful tool in murine hair research.<sup>5</sup>

113

## 114 **Materials & Methods**

115 Skin biopsy specimens were obtained from nine female and eleven male, healthy,  
116 adult beagle dogs at the age of 14-18 months (n=18) and twelve years (n=2). These  
117 dogs had been used as control animals in toxicological studies in a pharmaceutical  
118 company. They had been kept indoors and fed a defined maintenance diet. The  
119 biopsies were collected at the euthanasia of the dogs from June to July 2009.

120

121 Biopsies were taken from shoulder and thigh, fixed immediately in 10% neutral  
122 buffered formalin for 24 hours, embedded in paraffin, sectioned at 4µm,  
123 deparaffinized and rehydrated and routinely stained with haematoxylin and eosin  
124 (H&E) according to standard procedures. Additional histochemical and  
125 immunohistochemical stainings were performed on serial sections to evaluate if they  
126 facilitated assignation to a specific hair cycle stage. Staining characteristics of these  
127 and their suitability for the characterization of specific canine hair cycle stages are  
128 depicted in Table 1. The immunohistochemistry protocols are listed in Table 2. In  
129 addition to the listed procedural steps, endogenous peroxidase was blocked with 3%  
130 H<sub>2</sub>O<sub>2</sub> in methanol for the anti-cytokeratin 14, anti-Ki-67 and anti-CAM5.2 antibodies.  
131 For anti-CAM5.2, unspecific staining was blocked with normal goat serum, diluted  
132 1:20 in phosphate buffered saline with Tween (PBST). All sections were  
133 counterstained with Ehrlich's haematoxylin. Control sections for  
134 immunohistochemistry were incubated with normal mouse or rabbit IgG (both Dako,  
135 Zug, Switzerland), respectively, in the same concentration as the primary antibody.  
136 The following histochemical stains were used: the modified Saccpic Method<sup>15</sup>,  
137 Rhodamin and Tolidine blue<sup>16</sup>, Masson Fontana<sup>17</sup>, toluidine blue and Safranin<sup>18,19</sup>,  
138 and orcein-giemsas<sup>20</sup> as described in the literature.

139

140 For both skin sites (shoulder and thigh) an exact hair cycle stage was assigned to at  
141 least 50 consecutive hair follicles, including primary and secondary follicles. If this  
142 was not possible, cycle stages were classified into broader categories. These  
143 broader categories were early anagen (anagen I - anagen IIIb), late anagen (anagen  
144 IIIc - anagen VI), early catagen (catagen I - IV), late catagen (catagen V - catagen  
145 VIII), telogen with hair and telogen without hair. Moreover, the number of compound  
146 follicles consisting of a primary hair follicle surrounded by secondary hair follicles was

147 determined for each skin site. Subsequently, for each dog and skin site, the  
148 percentage of follicles in the respective categories was calculated. Mean  
149 percentages for the various outcomes (follicle stages, primary and secondary  
150 follicles) were compared between gender and location using a 2-way repeated (over  
151 localization) measure ANOVA with Geisser-Greenhouse adjustments. P-values <  
152 0.05 were considered statistically significant.

153

## 154 **Results**

155 We identified similar morphological features of the different hair cycle stages to those  
156 described for mice.<sup>5,21,22</sup> Key characteristics, necessary for the assignment of a hair  
157 follicle to one of these stages in the dog are illustrated in detail in Figures 1-3.

158 As depicted in Figures 1-3, the most important and easily visible feature of all the  
159 criteria used for the classification of the cycle stages, was the position of the DP in  
160 relation to the follicle, and its absolute location in the dermis or the subcutaneous fat  
161 (the latter demonstrated in Figure 4). Although the DP was often visible in H&E  
162 stained sections, double labeling with anti-vimentin and anti-laminin antibodies  
163 proved to facilitate its recognition. While anti-Vimentin stains the mesenchymal DP,  
164 anti-laminin marks the follicular basement membrane. With this labeling, the exact  
165 position of the DP, its form and its relation to the follicle was easily determined.

166 For the subdivision of the late anagen stages, the length of the hair shaft was another  
167 important additional criterion (Figure 4).

168 The use of serial sections proved to be essential for the identification of hair cycle  
169 stages. A slightly paramedian cut hair follicle might mimic other hair cycle stages  
170 and, for example, could be misinterpreted as the shape of the DP and the length of  
171 the hair shaft was not shown ideally.

172 We applied additional immunohistochemical and histochemical staining techniques  
173 which we expected to facilitate the assignment of follicles to specific cycle stages.  
174 The specific staining characteristics are summarized in Table 1 and Figure 5.  
175 However, with the exception of the vimentin and laminin labeling, Saccpic and Masson  
176 Fontana, none of these stains were specifically helpful in identifying specific hair  
177 cycle stages.

178 The modified Saccpic Method<sup>15</sup>, a differential stain like H&E, highlighted both the non-  
179 keratinized (bluish with yellowish granules) and the keratinized (bright red) IRS. Thus  
180 Saccpic was helpful to determine early anagen stages when the inner root sheath  
181 develops.

182 Masson Fontana stains melanin granules and is thus helpful for the differentiation of  
183 anagen from catagen stages in hair follicles with pigmented hair shafts. In anagen  
184 IIIa first melanin granules were visible in the bulbar area above the DP (Figure 1e).<sup>5</sup>  
185 Their number increased towards the late anagen stages (Figure 1i) and then  
186 decreased again in early catagen (catagen II) until they finally disappeared in  
187 catagen III (Figure 2a, d).

188 Mostly due to the orientation of the hair follicles in the sections, not all hair follicles  
189 could be assigned to a specific cycle stage. A set of broader categories was used  
190 characterizing these follicles as follows: early and late anagen, early and late  
191 catagen, and telogen. The most important features of early anagen (anagen I – IIIb;  
192 Figure 1a - h) were the onset of growth and the movement of the DP downwards into

193 the subcutaneous fat. At the end of early anagen, the new hair shaft was clearly  
194 visible and reached up to 2/3 of the follicle length. In late anagen (anagen IIIc – VI;  
195 Figure 1i - p), the DP was fully enclosed by the bulb, and reached the deepest  
196 location in the subcutaneous fat where it remained. The hair shaft was fully  
197 developed and reached the epidermal surface in anagen VI. In early catagen  
198 (catagen I – IV; Figure 2a - f) involution of the inferior portion of the hair follicle  
199 began. It was best identified by evaluating the DP and the bulb. The DP changed its  
200 form and position, and in the bulb mitotic activity stopped and an increasing number  
201 of apoptotic keratinocytes were visible. In late catagen (catagen V – VIII; Figure 2g –  
202 n), the hair follicle was remarkably shortened and the club hair formed. The DP  
203 continuously moved towards the dermis, leaving behind a tail of trailing connective  
204 tissue sheath (CTS) cells. In telogen (Figure 3a, b), the DP was positioned in the  
205 dermis and no trailing CTS cells remained.

206 Evaluating the biopsies from both thigh and shoulder of 20 beagle dogs the following  
207 results were obtained: 30.1% of the hair follicles were in anagen, 7.6% in catagen,  
208 and 27.6% in telogen. Of the telogen follicles 14.4% contained a hair while 13.2% did  
209 not. These hair follicles were either allocated to a specific cycle stage or were  
210 classified into one of the broader categories, defined in the materials and methods.  
211 Statistical analysis was only possible for the broader categories. In 34.7% of the  
212 follicles, allocation to a specific hair cycle stage was not possible. The mean  
213 percentage of the different cycle stages is listed in Table 3. Interestingly, the  
214 percentage of follicles that could not be assigned to a specific cycle stage was  
215 significantly higher in the skin biopsy specimens obtained from the thigh (38.5%) than  
216 from those from the shoulder (30.2%,  $p=0.004$ ).

217 Investigating the influences of gender and location, only one significant difference  
218 was detectable: among the classified 50 follicles the proportion of primary to  
219 secondary follicles was greater in females (primary follicles: females: 22.4%, males:  
220 18.3%,  $p=0.001$ ; secondary follicles: females: 75.3%, males: 80.4%,  $p=0.002$ ). In  
221 females, the 50 specified follicles were arranged in 13.0 compounds while in males,  
222 they were arranged in only 10.7 compounds ( $p=0.005$ ). The 12-year-old age group  
223 contained only two animals and was thus too small for statistical analysis. However,  
224 we did evaluate if their data influenced the values for gender and location, which was  
225 not the case (data not shown). The effect of age was thus not further investigated.  
226 Significant interactions between gender and localization were not found.

## 227 **Discussion**

228 On the basis of the criteria for the subdivision of anagen<sup>5,21</sup> and catagen<sup>22</sup> hair follicle  
229 stages in human, and in analogy to the classification guide for murine hair follicles of  
230 Müller-Röver et al.<sup>5</sup>, we established criteria that are well suited to determine the  
231 canine follicle stages on formalin fixed material.

232 These classification criteria for the canine hair cycle phases will allow for better  
233 standardization of studies investigating, for example, the specific morphology of  
234 canine hair cycle disorders or gene and protein expression patterns during specific  
235 cycle phases.

236 The accurate classification is, however, dependent on optimally oriented hair follicles  
237 in the paraffin block. In reasonably sized skin biopsy specimens of dogs which  
238 encompass at least 50 hair follicles it is not possible to orient all the hair follicles  
239 optimally. This is because the dog has compound follicles and primary and

240 secondary hairs exit through the same orificium but do not lay in the dermis exactly in  
241 parallel. Therefore, approximately one third of the hair follicles investigated in this  
242 study could not be assigned to a cycle stage.

243 Three factors are essential for the classification of the hair cycle stages: the position  
244 of the DP, the use of serial sections, and selected stainings to visualize important  
245 morphological structures. The position of the DP marks the follicle as being in a  
246 certain phase of the cycle (Figure 4). During the anagen stages, the length of the  
247 growing hair shaft is another important feature. The use of serial sections allows the  
248 assessment of the main characteristics in hair follicles that are embedded  
249 suboptimally and thus facilitates a more accurate classification. Of all the stains  
250 evaluated, double labelling for vimentin and laminin proved to be most helpful. It  
251 allowed for an exact assessment of the DP in relation to the bulb. Of great help were  
252 the histochemical stains Saccpic and Masson Fontana.

253 Even with these aids, some stages are difficult or impossible to differentiate. These  
254 are the transition from anagen VI to catagen I and from catagen VIII to telogen. The  
255 difficulties arising with these stages will be discussed later.

256 Due to the delicacy of skin tissues and their susceptibility to damage caused by the  
257 pretreatment procedures necessary for immunohistochemistry, the quality of the anti-  
258 Ki-67 and anti-cleaved lamin A stained sections was variable. This made the  
259 interpretation of the sections often difficult and serial sections were not always  
260 comparable. Given the fact that the assignment to a specific cycle stage did not  
261 absolutely require the use of proliferation markers, we concluded that for follicle  
262 staging Ki67 stain is not necessary.

263 In mice, the number of apoptotic cells is an important criterion to determine the  
264 different catagen stages.<sup>5</sup> This is particularly true for the transition from anagen VI  
265 to catagen I, which does not entail morphologic changes in H&E, and is only  
266 discernable by staining of apoptotic cells in the bulb.<sup>5</sup> We chose to use  
267 immunohistochemistry for cleaved lamin A as a straightforward method to detect  
268 apoptotic cells instead of the technically more demanding and not always reliable  
269 TUNEL assay.<sup>23</sup> The antibody recognizes a neoepitope of lamin A generated through  
270 its cleavage by caspases. With anti-cleaved Lamin A we could detect apoptotic cells  
271 in the ORS and the epithelial strand. However, the number of labeled cells was very  
272 low and none were in the bulb region. It was impossible for us to differentiate the  
273 early catagen stages according to the number of apoptotic cells in the bulb as  
274 suggested for the murine hair follicles.<sup>5</sup> The low number of apoptotic cells detected  
275 with anti-cleaved lamin A in the inferior portion and the absence of marked cells in  
276 the bulb of catagen may be due to the fact, that the early catagen stages are very  
277 short<sup>5</sup> and thus the probability of observing them in a section is very low.

278 Toluidine blue/safranin<sup>18,19</sup> staining stains the nucleus and nuclear debris of dead  
279 cells deeply blue, and is therefore considered suitable for detection of apoptotic cells  
280 in hair follicles. In our hands it stained presumably apoptotic cells slightly darker red  
281 than the background. Additionally, the darker stained cells seemed to be contracted.  
282 However, their identification was ambiguous. When comparing the staining results  
283 obtained with toluidine blue/safranin with the results of the anti-lamin A labeling in  
284 serial sections, some cells were stained with both stains. However, with toluidine  
285 blue/safranin a higher number of cells were stained. Since we had doubts about the

286 reliability of toluidine blue/safranin, we did not use this stain to determine apoptotic  
287 cells.

288 Stains that we applied but that proved to be unnecessary were rhodamin/toluidine  
289 blue, acid orcein-giemsas, and Anti-Cytokeratin 14. Rhodamin/Toluidine blue and acid  
290 orcein-giemsas are very picturesque differential stains, but they are not superior to  
291 H&E for the determination of cycle stages. Anti-Cytokeratin 14 stains the ORS, which  
292 is also easily visible by H&E.

293 As mentioned earlier, the transition from anagen VI to catagen I does not entail  
294 morphologic changes but assignment in mice depends on the presence of apoptotic  
295 cells. Since we could not rely on our apoptotic markers, we searched for mitotic  
296 figures in H&E stained sections, and melanin granules to dispel any doubts on  
297 whether a follicle was still in anagen or already in catagen. If there were mitoses  
298 present in the bulb, we assigned the follicle to late anagen. A decrease of melanin  
299 granules in the bulbar area of pigmented hair shafts points to catagen.

300 The differentiation between catagen VIII and telogen is difficult in some cases. In  
301 both stages the DP resides at the same level in the dermis, the only difference being  
302 a tail of trailing CTS cells present in catagen VIII. Müller-Röver et al.<sup>5</sup> stained these  
303 trailing cells with a NCAM antibody which requires frozen sections. Since it is our  
304 goal to apply the classification criteria to archive material from dogs with alopecia or  
305 hypotrichosis, we chose to work with formalin fixed tissue only. As there is, to our  
306 knowledge, no alternative to the NCAM antibody available to stain specifically trailing  
307 CTS cells, we relied on morphology for classification. In some cases, the trailing cells  
308 were also visible in H&E sections. When in doubt, we opted for telogen, since this is  
309 the longer-lasting stage of the two, despite the risk of misclassifying a few catagen  
310 VIII follicles.

311 Primary alopecia, histologically characterized as hair cycle arrest, is caused by either  
312 an endocrine imbalance or yet unknown factors. This common problem in dogs  
313 causes much concern for owners. The current opinion is that these hair-cycle  
314 disorders lack anagen induction as suggested for hypercorticism, have an impaired  
315 anagen promotion as suggested for hypothyroidism, or are prematurely forced into  
316 catagen as suggested for alopecia X and seasonal flank alopecia.<sup>10</sup> However, this  
317 view is based on data from mice and humans which differ in some aspects from  
318 dogs.

319 We hope that, with the help of this guide, a first step towards understanding the  
320 pathogenesis of these hair cycle disorders will be possible, allowing a more detailed  
321 analysis of the hair follicle stages involved. In addition, the guide will be helpful in the  
322 standardization of further studies investigating, for example, gene and protein  
323 expression patterns of canine hair follicles.

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- 394
- 395

### Figure Legends:

396 **Figure 1:** Key features of the canine anagen hair cycle stages modified from the  
 397 classification system used in mice.<sup>5</sup> Figure in analogy to the classification guide for  
 398 murine hair follicles by Müller-Röver et al. (2001).<sup>5</sup> In the first column the basic  
 399 features of the anagen stages are depicted in schematic drawings. The second  
 400 column lists the most important morphological features of each stage that are  
 401 visualized in histological photograph in the third column. Photomicrograph a: Orcein  
 402 Giemsa, a differential stain. Photomicrographs b, c, e, k, l, n and p: haematoxylin and  
 403 eosin (H&E). Photomicrograph d: Immunohistochemistry for Vimentin and Laminin.  
 404 The anti-Vimentin antibody marks mesenchymal tissue – in this case the dermal  
 405 papilla - visualized by permanent Red (pink) and the anti-Laminin antibody labels the  
 406 basement membrane visualized by diaminobenzidine (brown). Photomicrographs f  
 407 and g: Immunohistochemistry for CAM5.2. The Anti-CAM5.2 antibody recognizes  
 408 keratin 8 which is expressed by the non-keratinized part of the IRS, visualized in red  
 409 by AEC (3-amino-9-ethylcarbazole). Photomicrograph h: example of Rhodamin  
 410 Toluidine blue staining which shows the IRS brightly pink. Photomicrographs i and j:  
 411 Masson Fontana, depicting the melanin granules black. Photomicrographs m and o:  
 412 Sacpic, a differential stain. Abbreviations: DP: dermal papilla; IRS: inner root sheath;  
 413 ORS: outer root sheath; SG: sebaceous gland; APM: arrector pili muscle. Bar =  
 414 100µm.

415 **Figure 2:** Key features of the canine catagen hair cycle stages modified from the  
 416 classification system used in mice.<sup>5</sup> Figure in analogy to the classification guide for  
 417 murine hair follicles by Müller-Röver et al. (2001).<sup>5</sup> In the first column the basic  
 418 features of the catagen stages are depicted in schematic drawings. The second  
 419 column lists the most important morphological features of each stage that are  
 420 visualized in histological photographs in the third column. Photomicrograph a:  
 421 Masson Fontana, staining melanin granules black. Photomicrographs b, d and n:  
 422 Immunohistochemistry for vimentin and laminin. The anti-vimentin labels  
 423 mesenchymal tissue – in this case the dermal papilla - visualized by permanent Red  
 424 (pink) and the anti-Laminin antibody marks basement membrane shown by  
 425 diaminobenzidine (brown). Photomicrographs c and i: Orcein Giemsa, a differential  
 426 stain. Photomicrographs e, g and k: haematoxylin and Eosin (H&E).  
 427 Photomicrographs f and h: Immunohistochemistry for Cytokeratin 14 which stains the  
 428 ORS and is visualized by AEC (3-amino-9-ethylcarbazole, red). In contrast to  
 429 catagen IV, in catagen V a club hair is formed which is entirely surrounded by the  
 430 secondary hair germ. The secondary hair germ is part of the ORS and expresses  
 431 Cytokeratin 14. Photomicrographs j and l: Immunohistochemistry for cleaved Lamin A

432 which marks apoptotic cells in the epithelial strand and trailing CTS cells and is  
433 visualized by permanent Red (pink). Photomicrograph m: example of Rhodamin  
434 Toluidine blue staining which stains the club hair blue and the keratinized  
435 trichilemmal keratin dark blue to purple. Abbreviations: CTS: connective tissue  
436 sheath; DP: dermal papilla; IHC: Immunohistochemistry; ORS: outer root sheath; SG:  
437 sebaceous gland; APM: arrector pili muscle. Bar = 100µm.

438 **Figure 3:** Key features of the canine telogen hair cycle stage modified from the  
439 classification system used in mice.<sup>5</sup> Figure in analogy to the classification guide for  
440 murine hair follicles by Müller-Röver et al. (2001).<sup>5</sup> In the first column the basic  
441 features of the telogen stage are depicted in a schematic drawing. The second  
442 column lists the most important morphological features that are visualized in two  
443 histological photographs in the third column. Photomicrograph a: haematoxylin and  
444 Eosin (H&E). Photomicrograph b: Immunohistochemistry for Vimentin and Laminin.  
445 Anti-Vimentin antibodies mark mesenchymal tissue – in this case the dermal papilla -  
446 with permanent Red (pink) and Anti-Laminin marks the basement membrane with  
447 diaminobenzidine (brown). Abbreviations: CTS: connective tissue sheath; DP:  
448 dermal papilla; IHC: Immunohistochemistry; IRS: inner root sheath; ORS: outer root  
449 sheath; SG: sebaceous gland; APM: arrector pili muscle. Bar = 100µm.

450 **Figure 4:** Schematic drawing of the position of the dermal papilla and hair shaft  
451 during the hair cycle stages. Note that the dermal papilla moves from the dermis  
452 (telogen through anagen II) into the subcutaneous fat (anagen III through catagen  
453 VIII; it has its deepest position during anagen IIIc through catagen II) and up into the  
454 dermis again.

455 **Figure 5:** Schematic drawing of the anatomical structures stained with the different  
456 immunohistochemical stains used to characterize the canine hair cycle. The follicle in  
457 the drawing represents a late anagen stage. Immunohistochemistry for Cytokeratin  
458 (CK) 14 stains the ORS as well as the basal layer of the epidermis. CAM5.2, an  
459 antibody for keratin 8, labels the non-cornified part of the IRS. Ki-67 marks  
460 proliferating cells, which are most commonly encountered in matrix cells. Vimentin  
461 is expressed by the mesenchymal dermal papilla, while Laminin depicts the  
462 basement membrane of the hair follicle. Lamin A is a marker for apoptotic cells, some  
463 of which can be encountered in the ORS of anagen follicles. An increase of Lamin A-  
464 positive cells occurs in catagen especially in the epithelial strand and the trailing CTS  
465 cells. Abbreviations: CTS: connective tissue sheath; DP: dermal papilla; IRS: inner  
466 root sheath; ORS: outer root sheath, SG: sebaceous gland, APM: arrector pili  
467 muscle

**Table 1:** Staining characteristics of the histochemical and immunohistochemical stains applied to characterize the canine hair cycle

ANTIBODY/STAIN	Helpful for...	Epi-dermis	BM follicle	ORS	IRS	HM	TK	DP	ES	tCTS	SwG	M.ap
<b>Anti-Cytokeratin 14</b>	Transition catagen IV-V	+		+++					+++			
<b>Anti-CAM 5.2</b>	Anagen IIIa				+++ (non keratinized)						+++	
<b>Anti-Ki-67</b>	Anagen stages	+		++ (anagen)	++ (anagen)							
<b>Anti-Vimentin</b>	Position and shape of DP							++		+ / -		++
<b>Anti-Laminin</b>	Position and shape of DP		+++					+				+++
<b>Anti-cleaved Lamin A</b>	Limited help for catagen stages			+					+	+		
				(catagen)					(catagen)	(catagen)		
<b>Sacpic</b>	Anagen IIIa; late catagen stages; transition catagen-telogen				+++ (keratinized and non keratinized)		++	+				
<b>Masson Fontana</b>	Anagen IIIa; transition catagen II-III					++ (pre-cortical)						
<b>Toluidine blue/Safranin</b>	Questionable reliability			++ (catagen)				++				
<b>Rhodamin/ Toluidine blue</b>	Differential staining like HE			++	+++	++	++	+				
<b>Acid Orcein-Giemsa</b>	Differential staining like HE				+++		++	+				

BM: basement membrane; ORS: outer root sheath; IRS: inner root sheath; HM: hair matrix ; DP: dermal papilla ; ES : epithelial strand ; tCTS : trailing connective tissue sheath cells ; SwG: sweat gland; M.ap: M. arrector pili; TK: trichilemmal keratin

**Table 2:** Antibodies and protocols of the immunohistochemical stains applied to characterize the canine hair cycle

1°Antibody	Supplier	Clone	Species	Dilution	Pretreatment	Incubation	2°Antibody	Supplier	Visualization
<b>Anti-Cytokeratin 14</b>	BioGenex <sup>A</sup>	MU146-UC	Mouse	1:50	HIER citrate buffer pH6 in microwave, 15min	ON, 4°C	Goat-anti-mouse	Jackson ImmunoResearch <sup>H</sup>	Streptavidin HRP-conjugate, Aminoethylcarbazole (Sigma) <sup>F</sup>
<b>Anti-CAM 5.2</b>	Becton Dickinson <sup>B</sup>	Monoclonal	Mouse	RTU	Trypsin 0.25% (w/v) in Tris-HCl-buffer, 20min, 37°C	40min, RT	Goat-anti-mouse	Jackson ImmunoResearch <sup>H</sup>	Streptavidin HRP-conjugate, Aminoethylcarbazole (Sigma) <sup>F</sup>
<b>Anti-Ki-67</b>	Invitrogen <sup>C</sup>	7B11	Mouse	1:75	HIER citrate buffer pH6 in microwave, 15min	ON, 4°C	Goat-anti-mouse	Jackson ImmunoResearch <sup>H</sup>	Streptavidin HRP-conjugate, Aminoethylcarbazole (Sigma) <sup>F</sup>
<b>Anti-Vimentin</b>	Dako <sup>D</sup>	Vim 3B4	Mouse	1:500	Proteinase K 1%, 15min, 37°C	60min, RT	EnVision G/2 Doublestain System	Dako <sup>D</sup>	EnVision G/2 Doublestain System (Dako) <sup>D</sup>
<b>Anti-Laminin</b>	Dako <sup>D</sup>	Polyclonal	Rabbit	1:1400		60min, RT			
<b>Anti-cleaved Lamin A (small subunit)</b>	Cell signaling <sup>E</sup>	Polyclonal	Rabbit	1:100	Heating in cell conditioning solution CC1, 4 x 8min	60min, RT	Discovery Universal 2° Antibody	Roche <sup>G</sup>	RedMap™ detection kit (Roche) <sup>G</sup>

HIER: heat induced epitope retrieval; RTU: ready to use; RT: room temperature; ON: overnight

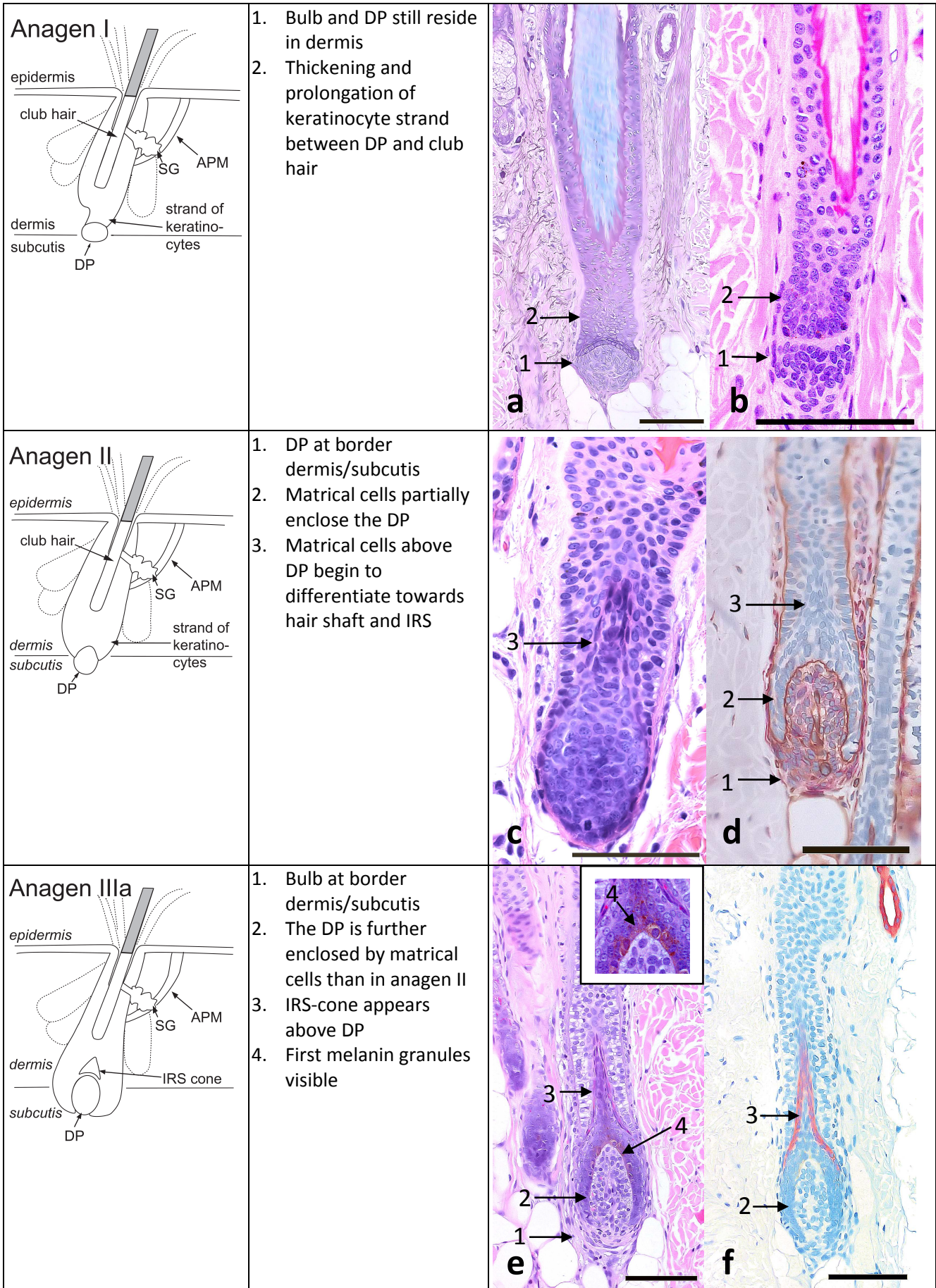
<sup>A</sup> BioGenex Laboratories Inc., San Ramon, California, USA; <sup>B</sup> Becton Dickinson AG, Allschwil, Switzerland; <sup>C</sup> Invitrogen AG, Basel, Switzerland; <sup>D</sup> Dako Schweiz AG, Baar, Switzerland; <sup>E</sup> Cell signalling technology-BioConcept, Allschwil, Switzerland; <sup>F</sup> Sigma-Aldrich Chemie GmbH; <sup>G</sup> Roche Basel, Switzerland;

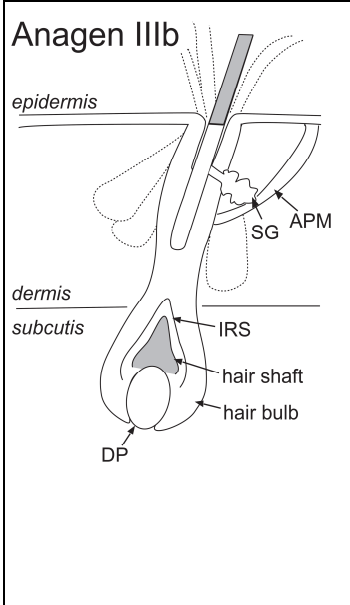
<sup>H</sup> Jackson ImmunoResearch Europe Ltd., Newmarket, Suffolk, UK

**Table 3:** Mean percentage of the different cycle stages obtained from skin biopsies from shoulder and thigh of 20 beagle dogs. Not all hair follicles could be assigned to an exact cycle stage and thus could only be placed into one of the broader categories

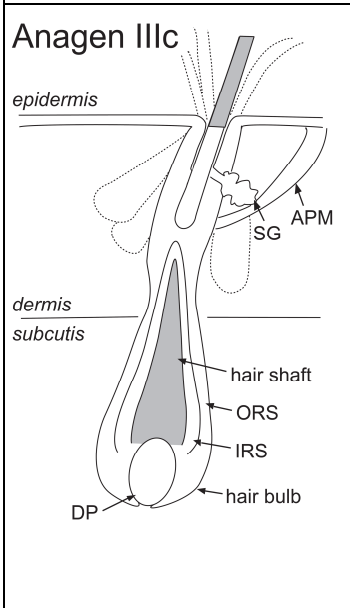
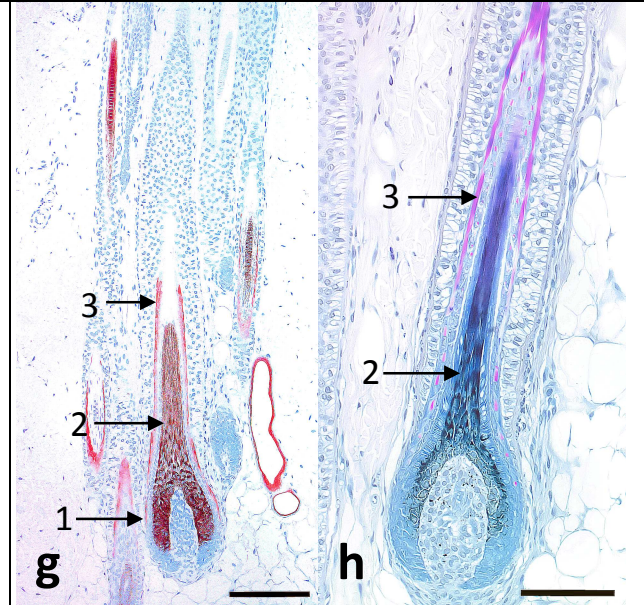
<b>Main category</b>	<b>Percentage</b>	<b>Broader category</b>	<b>Percentage</b>	<b>Exact cycle stage</b>	<b>Percentage</b>
<b>Anagen</b>	30.1	early anagen	11.8	anagen I	4.4
				anagen II	1.0
				anagen IIIa	1.5
				anagen IIIb	3.9
		late anagen	17.8	anagen IIIc	1.1
				anagen IV	1.5
				anagen V	1.1
				anagen VI	0.5
		anagen not determinable	0.5		
		<b>Catagen</b>	7.6	early catagen	1.9
catagen II	0.4				
catagen III	0.4				
catagen IV	0.2				
late catagen	4.9			catagen V	0.2
				catagen VI	0.4
				catagen VII	1.7
				catagen VIII	1.1
catagen not determinable	0.8				
<b>Telogen</b>	27.6	telogen with hair	14.4		
		telogen without hair	13.2		
<b>Not determinable</b>	34.7				

**Figure 1b**

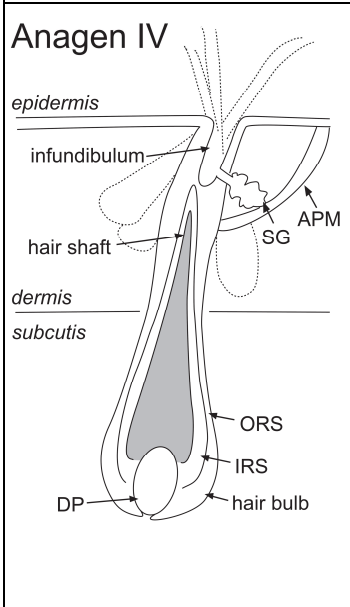
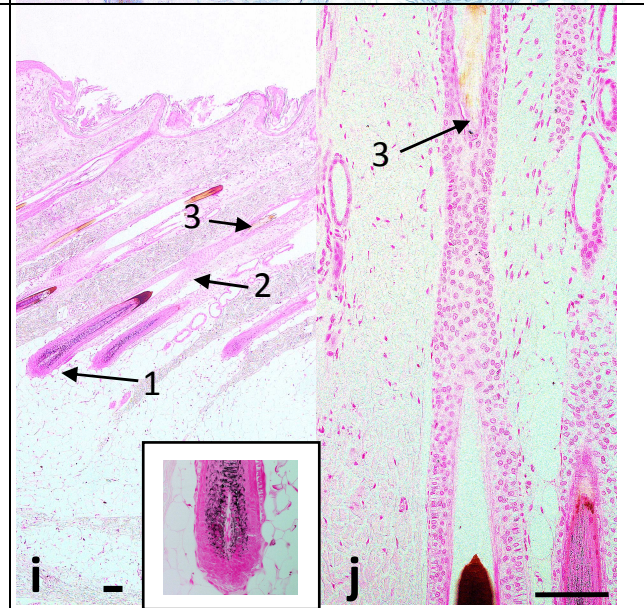




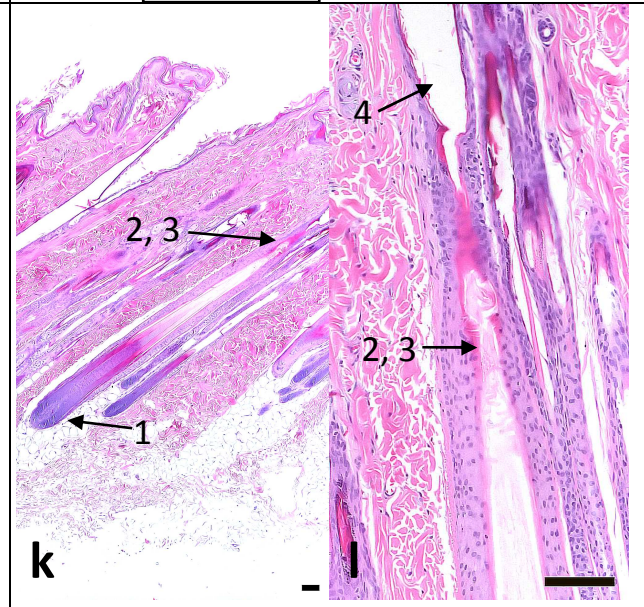
1. Bulb and DP reside half way down in the subcutaneous fat tissue
2. Fully developed hair shaft above the DP
3. Hair shaft entirely enclosed by IRS



1. Bulb and DP have reached deepest position in subcutaneous fat tissue
  2. Hair shaft reaches approximately the middle of the isthmus
  3. The old club hair may still be present
- Inset: large amount of melanin granules in the bulb*

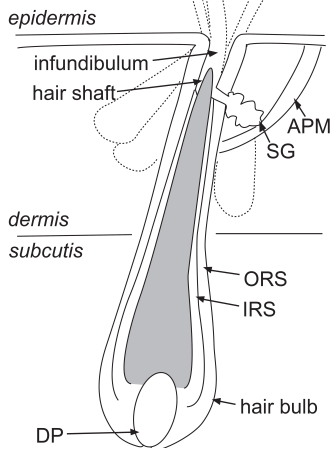


1. Bulb and DP reside deep in the subcutis
2. Distal end of IRS and tip of hair shaft reach the infundibulum
3. Hair shaft has not yet entered the infundibulum
4. The old club hair is gone

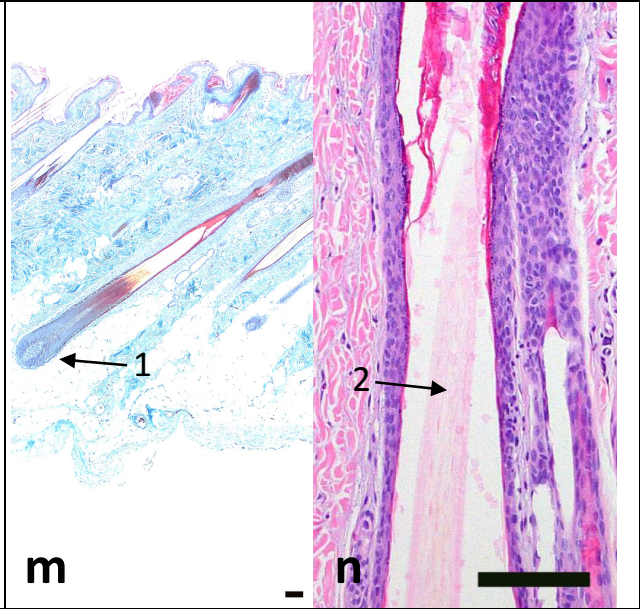




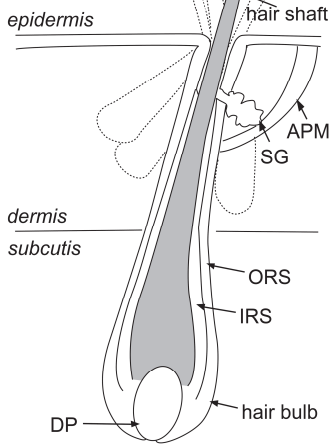
### Anagen V



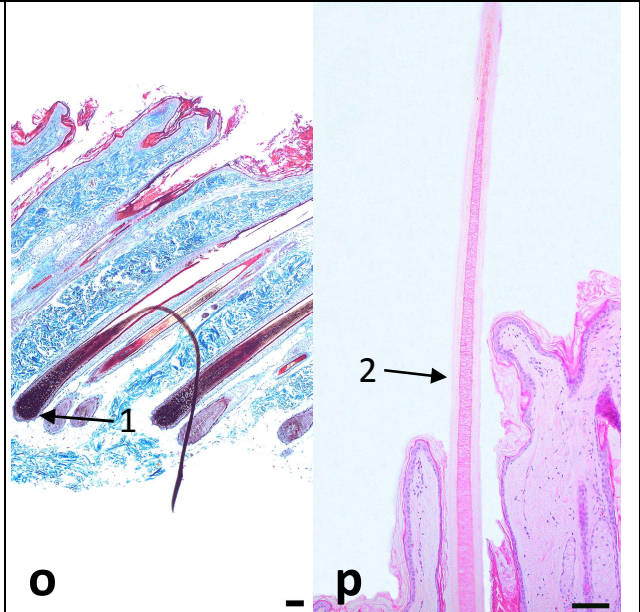
1. Bulb and DP reside deep in the subcutis
2. Tip of hair shaft enters the infundibulum



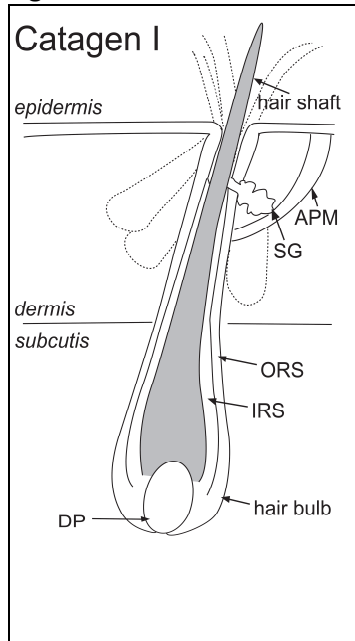
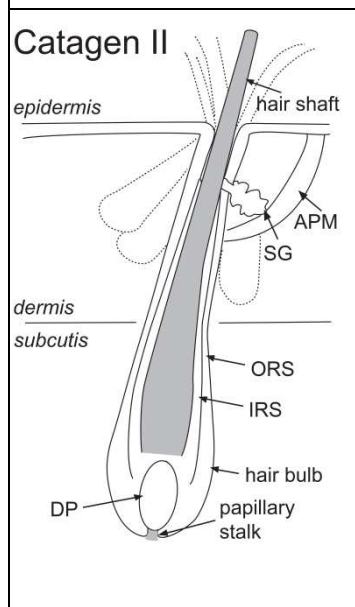
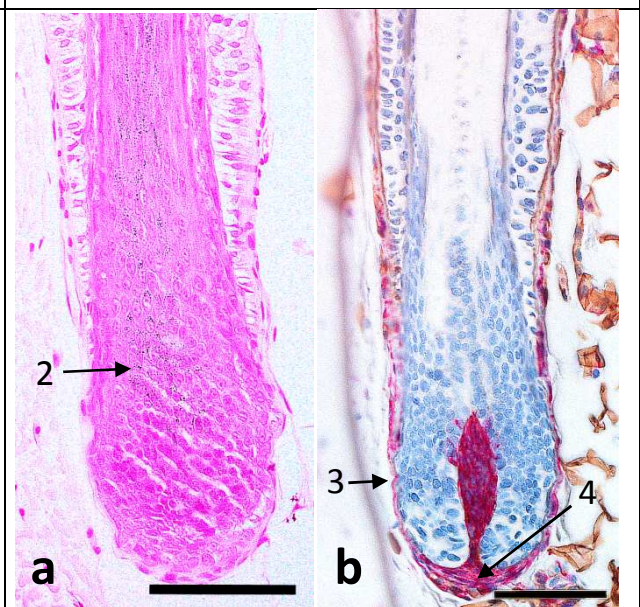
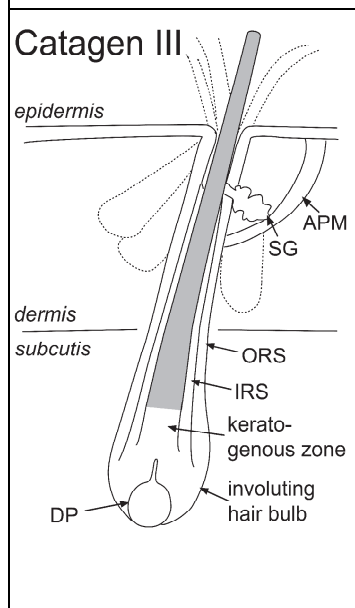
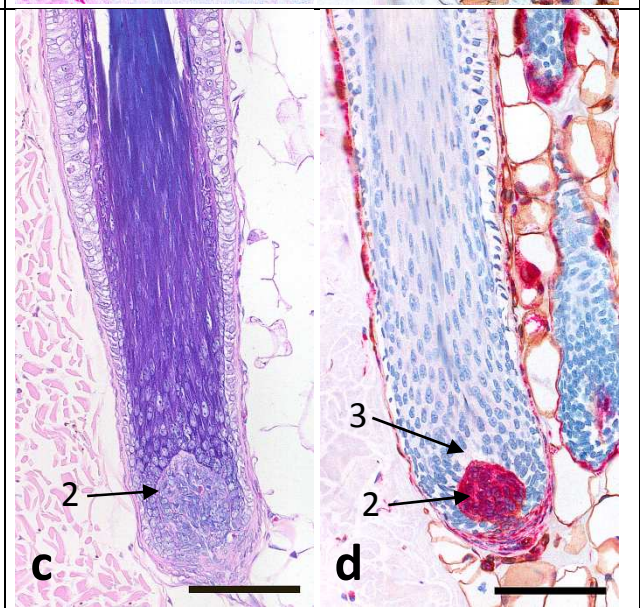
### Anagen VI

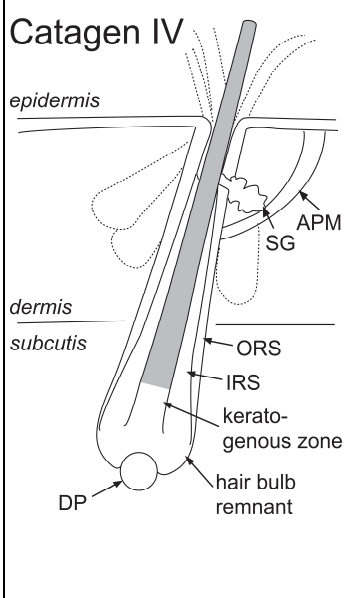


1. Bulb and DP reside deep in the subcutis
2. Tip of hair shaft emerges through the ostium

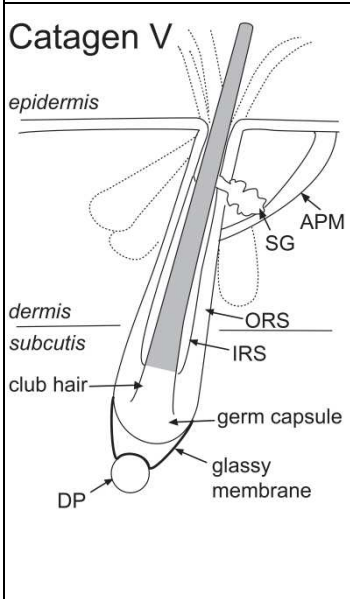
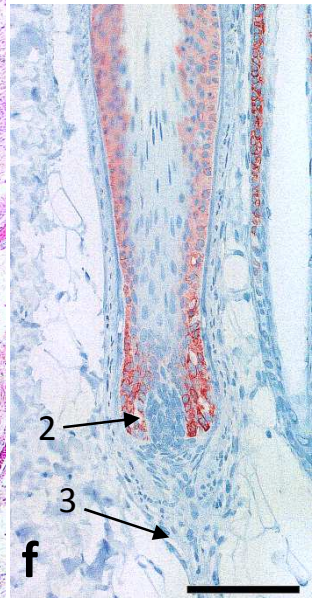
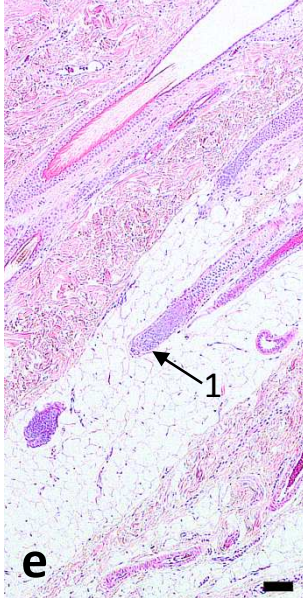


**Figure 1c**

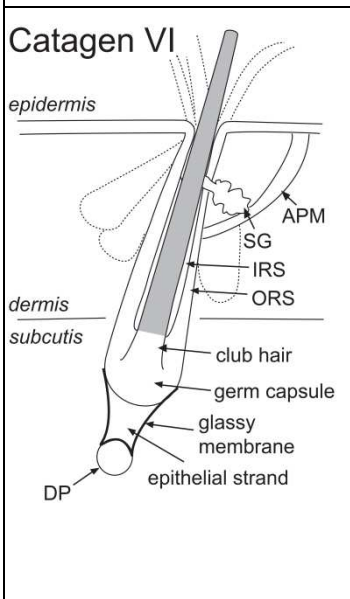
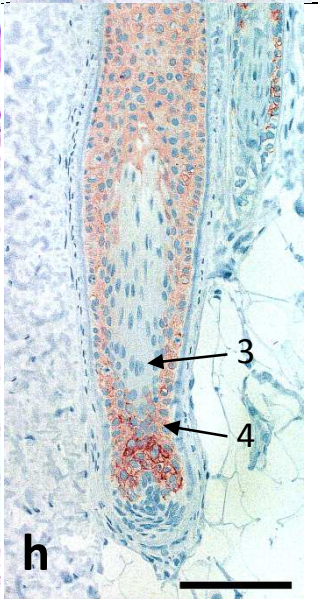
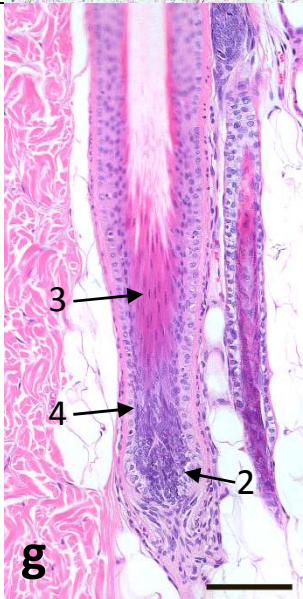
<p><b>Catagen I</b></p> 	<ol style="list-style-type: none"> <li>1. „theoretical stage“ (Straile, 1961)</li> <li>2. No morphological alterations compared to anagen VI</li> </ol>	
<p><b>Catagen II</b></p> 	<ol style="list-style-type: none"> <li>1. Bulb and DP reside deep in the subcutis</li> <li>2. Decreased number of melanin granules above the DP</li> <li>3. Bulb is narrower than in anagen VI</li> <li>4. Papillary stalk of fibroblasts between DP and CTS &gt; 3 cell layers</li> </ol>	
<p><b>Catagen III</b></p> 	<ol style="list-style-type: none"> <li>1. Hair follicle is shorter than in catagen II</li> <li>2. DP has a characteristic onion shape</li> <li>3. No melanin granules above the DP</li> </ol>	



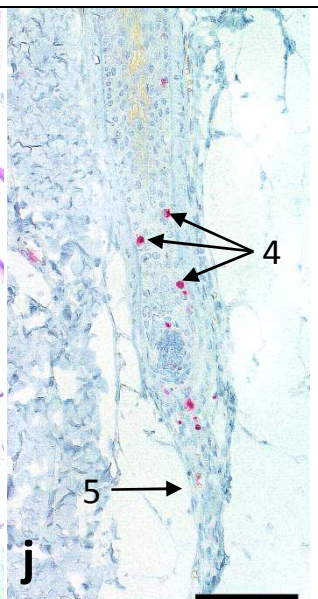
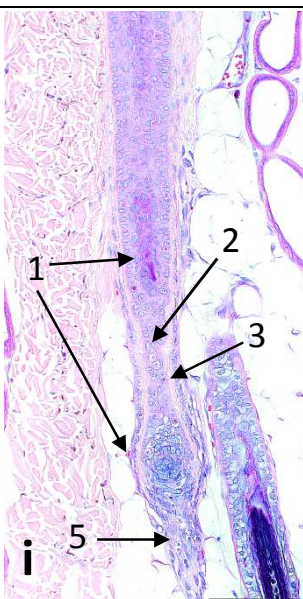
1. Hair follicle is shorter than in catagen III
2. DP forms compact ball and is < 50% enclosed by the bulb
3. Trailing CTS cells are now visible

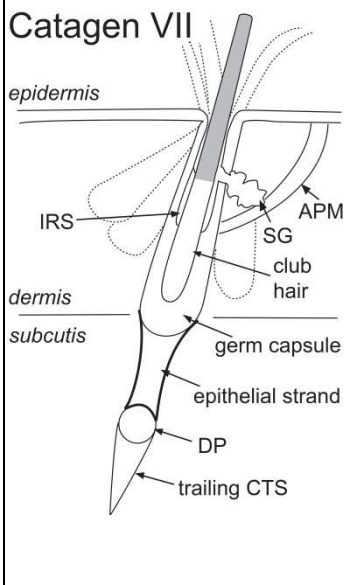


1. Hair follicle is shorter than in catagen IV
2. DP still located in subcutaneous fat tissue
3. Proximal end of hair shaft develops into club hair, surrounded by 2° hair germ of the ORS
4. Constriction of developing epithelial strand between DP and 2° hair germ

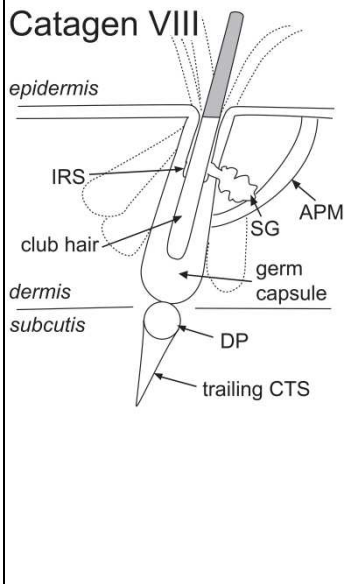
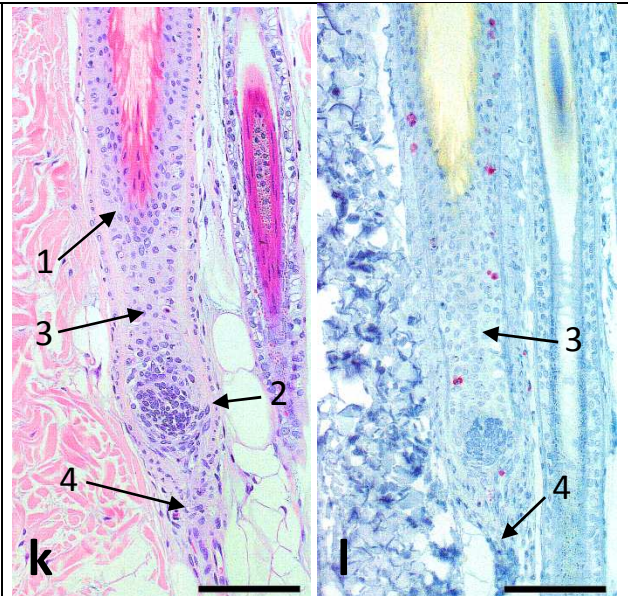


1. Club hair and DP reside still in subcutis
2. Epithelial strand > DP diameter
3. Glassy membrane around epithelial strand
4. Many apoptotic cells in the epithelial strand
5. Trailing CTS cells

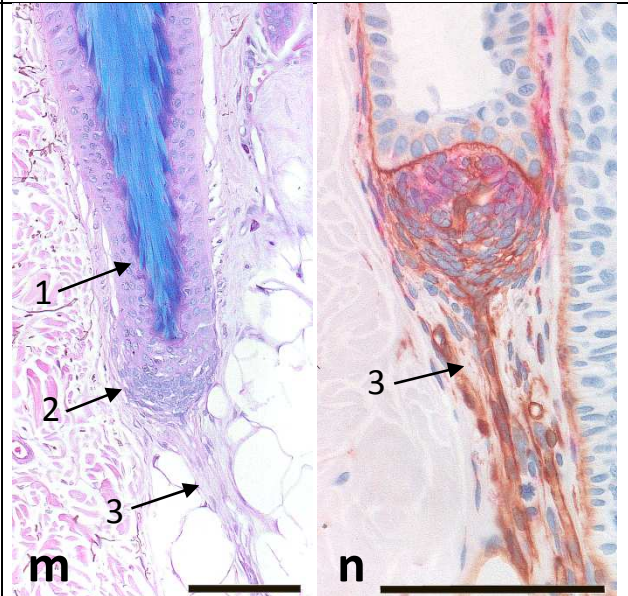




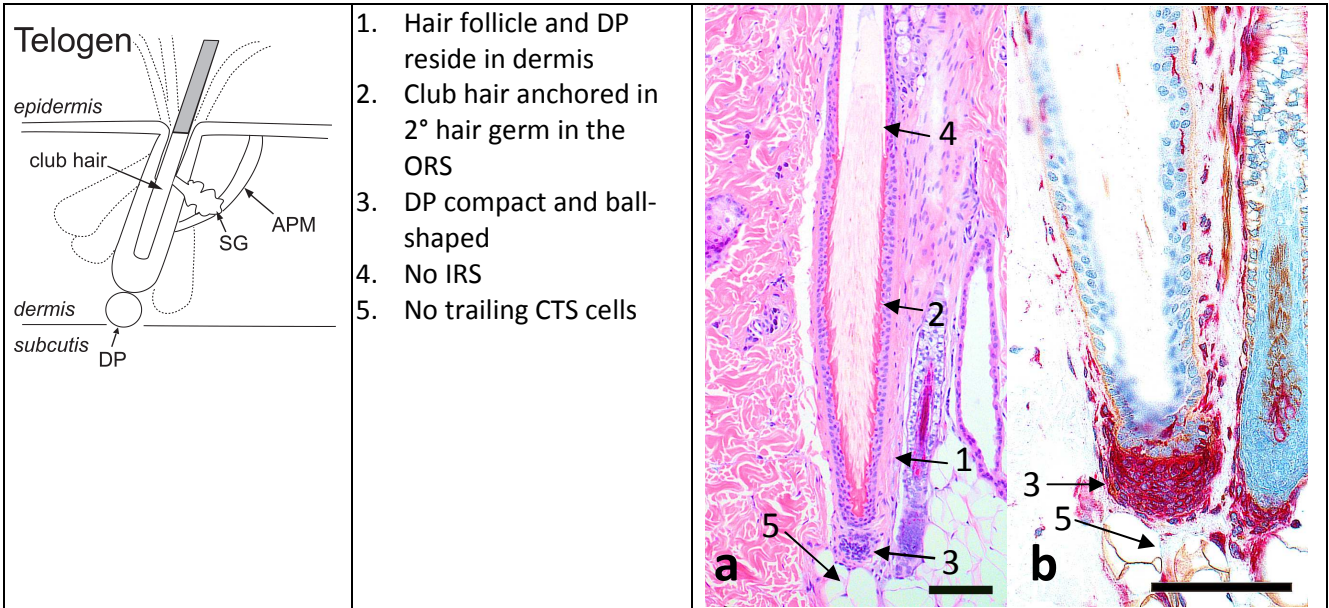
1. Club hair and 2° hair germ at border dermis/subcutis
2. DP resides still in subcutis
3. Epithelial strand > twice DP diameter
4. Prominent trailing CTS cells



1. Club hair and 2° hair germ in the dermis
2. DP resides at the border dermis/subcutis
3. Trailing CTS cells



**Figure 1a**



**Figure 2**

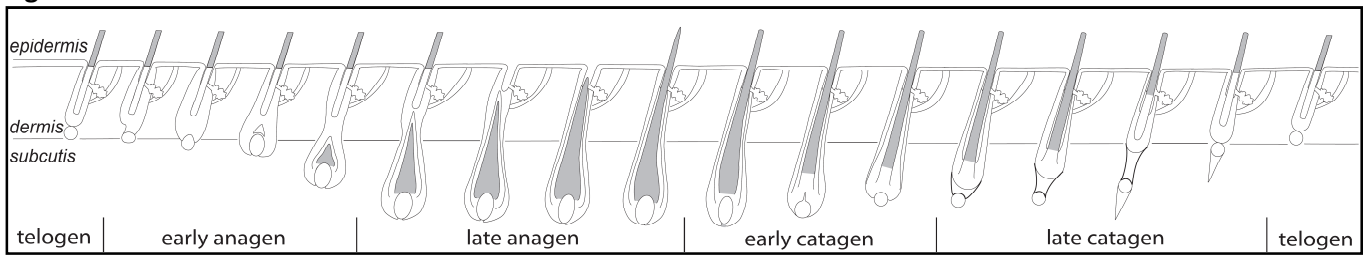


Figure 3

